Midwest City-Del City School District

SEPTEMBER VIRTUAL MEAL DAILY PICK UP

dwest City-Del City School District				SEPTEMBER VIRTUAL MEAL DAILY PICK UP
Monday	Tuesday	Wednesday	Thursday	Friday
13	14	15	16	17
LUCKY CHARMS WG	PANCAKES	CINNAMON TOAST CRUNCH	FROOT LOOPS	COCOA PUFFS
RAISINS	FRESH APPLES	ORANGE WEDGES	WHEAT TOAST	WHEAT TOAST
JUICE	JUICE	MANDARIN BURST	JUICE	ORANGES
White Milk	White Milk	White Milk	ORANGE WEDGES	RAISINS
STEAK FINGERS	BAKED ZITI	BBQ PORK SANDWICH	White Milk	White Milk
MASHED POTATOES	GARLIC KNOT	PINTO BEANS	BAKED POTATO	CHICKEN STRIP WRAP
COUNTRY GRAVY	GREEN BEANS	RAISINS	GARLIC KNOT	SEASONED CORN
CARROT CUP	RAISINS	Chocolate Milk	BROCCOLI	FRUIT COCKTAIL
ORANGE WEDGES	Chocolate Milk		RAISINS	Chocolate Milk
Chocolate Milk			Chocolate Milk	
20	21	22	23	24
LUCKY CHARMS WG	TRIX CEREAL	PANCAKES	HONEY NUT CHEERIOS	CINNAMON TOAST CRUNCH
ORANGE WEDGES	RAISINS	ORANGE WEDGES	WHEAT TOAST	WHEAT TOAST
JUICE	JUICE	RAISINS	RAISINS	JUICE
White Milk	White Milk	White Milk	JUICE	RAISINS
HAMBURGER	CRISPY CHICKEN SANDWICH	SPAGHETTI & MEAT SAUCE	White Milk	White Milk
SWEET POTATO FRIES	REFRIED BEANS	GARLIC KNOT	HAM & CHEESE SLIDER	CHICKEN NUGGETS
DICED PEACHES	ORANGE WEDGES	GREEN BEANS	PEAR HALVES	DINNER ROLLS
Chocolate Milk	Chocolate Milk	MANDARIN ORANGES	BROCCOLI CUP	MASHED POTATOES
		Chocolate Milk	Chocolate Milk	COUNTRY GRAVY
				CUCUMBER SLICES
				Chocolate Milk
27	28	29	30	
COCOA PUFFS	PANCAKES	CINNAMON TOAST CRUNCH	FROOT LOOPS	Due to availability
ORANGE	DICED PEACHES	ORANGE WEDGES	WHEAT TOAST	menu may change
JUICE	RAISINS	MANDARIN BURST	RAISINS	
White Milk	White Milk	White Milk	APPLE JUICE	
CHICKEN FRIED CHICKEN	3 CHEESE TOASTER	BBQ PORK SANDWICH	White Milk	
AU GRATIN POTATO	BABY CARROTS	PINTO BEANS	TWISTED DOG	
DINNER ROLLS	ORANGE	RAISINS	BROCCOLI W/CHEESE	This institution is an
DICED PEACHES	Chocolate Milk	Chocolate Milk	PEAR HALVES	equal opportunity
Chocolate Milk			Chocolate Milk	provider.